

MAN *of* Impact™

The Significant Couple™

Facilitator Guide™

MAN of IMPACT™ & THE SIGNIFICANT WOMAN™

Used Together for Couples

GAIL L. PORTER • SUSAN M. HECKMANN

The Significant Woman™

The Significant Couple™ (Facilitator Guide for Couples Groups)

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ISBN 978-1-57334-169-1
The Significant Couple™, Facilitator Guide for Couples



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ISBN 978-1-56399-445-6
Man of Impact, Participant Book

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The Significant Woman™

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ISBN 978-1-56399-439-5 The Significant Woman Facilitator Guide.

Edited Edition - 2016

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THE SIGNIFICANT COUPLE™ FACILITATOR GUIDE

Life-Coaching Discipleship for Couples:

Living Connected to God, each other and His Mission for their Life

TABLE OF CONTENTS

Facilitator Guide for Couples

CONTENTS:

Introduction to The Significant Couple Group Facilitator Guide	2
Materials for The Significant Couple Group Integration Activities	8
Doing The Significant Couple Group Virtually	9
Session 1: MAN OF IMPACT LAUNCH/JOURNEY OF SIGNIFICANCE	12
Session 2: BE YOURSELF/PURSUE YOUR UNIQUENESS	16
Session 3: WALK EMPOWERED BY GOD/EMBRACE THE SOURCE	20
Session 4: ENERGIZE YOUR CORE VALUES/ACTIVATE YOUR MISSION part 1	24
Session 5: ACTIVATE YOUR MISSION/ACTIVATE YOUR MISSION part 2	27
Session 6: REFOCUS/REFOCUS	32
Session 7: LIVE INTENTIONALLY/LIVE INTENTIONALLY	36
Session 8: IMPACT FOR LIFE/SUSTAIN FOR LIFE	40



The Significant Couple

Facilitator Guide™

Introduction and Instructions

Welcome to Facilitating a Significant Couple Group. May this prayerfully be a time of spiritual blessing to you and to those in your group.

This Significance Project course will help participants begin to see how they can live in light of their relationship with God, who He has created them to be and what He has called them to do. The interactive discussions will enable them to make their own discoveries about various areas of their lives. As facilitator your job is to depend on the Holy Spirit to create an environment where God will work to bring about life change among the group participants. The Significant Couple course will also illuminate and strengthen the couple's relationship with each other and help them discover their mutual mission as well as their individual mission.

One of the values of this course is that the principles are timeless and can be applied through different seasons of life. Participants realize that they do not have to integrate every aspect of the six Biblical Life Principles all at once. The *Man of Impact* and *The Significant Woman* courses will equip them with tools they can use to live an authentic, Christ-centered missional life.

This Significant Couple Group Facilitator Guide outlines how to use *Man of Impact* and *The Significant Woman* courses together. Follow the facilitator notes in the MOI or TSW facilitator guide unless this Facilitator Guide tells you differently. This Guide includes page difference adjustments and other tips for facilitating a Couples Group. It also includes a list of Integration Activities and Materials needed.

If you are doing an in-person or hybrid group, having a half-day or overnight get-away where you do one or more sessions will provide more time for building personal relationships while clearly focusing on particular sessions of interest. You can do this at any time during the course at a home or retreat center or a hotel etc.

Throughout the course, starting with the second session, begin to cast vision for the participants to pray and think about facilitating their own group and encourage them to pray about who they can invite to be in their group.

Sometimes your groups may have limited time to complete the Life-Coaching Tools during a session. In this case, have the participants do the longer Life-Coaching Tools in advance of an individual session to allow more time for interaction during the actual session. If you must shorten any content, we recommend that participants read or complete the remaining portions after that session is over and before the next session.



1. DEFINITIONS & ABBREVIATIONS:

- A. Significant Couple Group: Group of married couples
- B. Man of Impact - MOI
- C. Man of Impact Facilitator Guide - MOI FG
- D. Significant Woman - TSW
- E. Significant Woman Facilitator Guide - TSW FG
- F. Life-Coaching Tool - LCT

2. MATERIALS: *The Significant Couple Group Course Materials*

The Significant Couple Group course utilizes the *Man of Impact (MOI)* participant book and *The Significant Woman (TSW)* participant book as the course materials. Men will use *Man of Impact* and women will use *The Significant Woman*.

A. Man of Impact:

Man of Impact provides life-coaching tools that help men to be themselves and live how God has uniquely created them. The sessions build community and relationships that men appreciate in the hectic pace of life. The *Man of Impact* workbook is divided into two parts: the first two-thirds is written for the Participant, and the other third is a Facilitator's Guide, which aids each course participant in facilitating a group with other men.

"The principles for Man of Impact have helped me to refine my thoughts about my personal values and mission. This has allowed me to be more focused and purposeful..."

Ivan Liew, Ministry Leader

B. Significant Woman:

Many women want to go from where they are to where they want to be. They want to know their purpose and grow in their relationship with God. The Significant Woman small group discipleship course helps them do this in an enjoyable life-coaching environment. The Significant Woman Facilitator Guide helps you easily facilitate this life-changing discipleship course. Check out "the significant woman" on Facebook.

"I recently led three groups of women through the life-coaching resource The Significant Woman. I have never seen this much life change in just 10 weeks-time..."

Cathy O'Neal, Women's Ministry Leader

- C. For more information and to order printed books, go to <https://thesignificantwoman.com> and *Man of Impact* at CruStore.org. *Man of Impact* and *The Significant Woman* courses are resources of Cru/Campus Crusade for Christ. *The Significant Woman* is in over 25 languages and used in more than 50 countries. *Man of Impact* is translated into more than 17 languages. For additional information on *Man Of Impact* or *The Significant Woman* or if you are having a couples group, contact thesignificanceproject@cru.org.



3. OUTCOMES:

Desired Outcomes of The Significant Couple Course:

The Significant Couple course seeks to strengthen the relationship of couples as they share, affirm and connect with each other throughout the course. The course provides a safe environment and a structured process for husband and wife, fiancé and fiancée, to discover and understand each other's uniqueness, core values, passions and personal mission (people or causes they would like to make a difference and how all of these can fulfill God's mission).

Another desired outcome is that each couple would facilitate one *Significant Couple* group so that many more couples will be equipped to live strongly connected to God and to know and live His mission for their life. Even if facilitating groups isn't their main focus, if each couple facilitates a group and those group members facilitate a group then multiplication will take place.

4. INVITING GROUP MEMBERS: Who to invite: Couples

Couples, from being engaged, up to those who are retired, can all benefit from *The Significant Couple* course. Couples in different seasons of life may need a different group schedule or additional support like childcare.

5. FACILITATORS:

A. The Significant Couple Course Facilitator Recommendations

It is optimum for a man and a woman to co-facilitate The Significant Couple course together. A married man and woman facilitating the course is ideal. However, the man and woman facilitating the course may not necessarily be a married couple. We do not recommend a man or a woman to facilitate *The Significant Couple* course alone.

B. It is helpful, but not required, if course facilitators have some experience in facilitating *Man of Impact* or *The Significant Woman* course prior to facilitating *The Significant Couple* course.



6. GROUP SCHEDULE: Schedule Options:

Refer to *Man of Impact* FG 4-6; *The Significant Woman* F1 4-6

7. GROUP SIZE: Couples Group Life-Coaching Group Size

A good size for a life coaching group is 4 to 6 couples or 8 to 12 participants. This group size allows time for everyone to interact. If a couple of people are missing, you still have a good size group. It is important, however, for each participant to be at each session as the content of the course builds on the previous session.

8. GROUP INTERACTION:

Couples:

Couples will interact in four ways in the group. They will have times of interacting as a whole group, as all men with their peer coach and all women with their peer coach, and as a couple. The facilitator couple is highly encouraged to meet at least once with each couple at a separate time during the course of the study.

9. PEER-COACHES:

Couples Group:

Participants will be paired: a man with another man and a woman with another woman as peer-coaches. A couple will also have times where they will be each other's peer-coach. Suggested Peer Coaching interaction questions for couples are available in each session.

10. A SPECIAL NOTE FOR COUPLES GROUPS: Affirming and Encouraging One Another

As course facilitators, you will want to provide opportunities for spouses to affirm each other as they do some of the Life-Coaching Tools. In the facilitator notes for the individual sessions in this facilitator guide, you will see some examples of opportunities for couples to interact with each other.

11. PAGE DIFFERENCES: The difference in page numbering of *Man of Impact* and *The Significant Woman*

One of the challenges in facilitating *The Significant Couple* course is working with the difference in the page numbers of *Man of Impact* and *The Significant Woman* courses. The Significant Woman has 22 pages more than Man of Impact. The easiest way to deal with difference in the page numbers is to write the other book's corresponding page number on the page with the same content in the book that you are using. For example, if you are facilitating while using the *Man of Impact* book, you will need to write down page 22 beside page 13 and visa-versa.



BE YOURSELF

1. WHAT GIVES YOU VALUE?
GOD GIVES YOU VALUE

Every man has value because God lovingly created him. When you enter into a relationship with God through Christ, you begin to experience the fullness of your value and uniqueness.

YOU ARE VALUABLE

 Others' Eyes	SELF VALUE BELONGING LOVE ACCEPTANCE	 God's Eyes
shattered mirror		grace
their conditional love their personal preferences their values their view of power their view of themselves		unconditional love; not based on our performance, success or status; always believes the best, accepts us just as we are
The best reflection of who I am is through God's eyes.		

“Now we see things imperfectly as in a cloudy mirror, but then we will see everything with perfect clarity. All that I know now is partial and incomplete, but then I will know everything completely just as God now knows me completely.”
 1 CORINTHIANS 13:12 NLT

YOU CANNOT FULLY RELY ON YOUR OWN VIEW, OR THE EYES OF OTHERS, to accurately reflect your value. Their mirrors are broken. They reflect a shattered view of who you really are and your true value. Other people view you through their own conditional love, personal preferences, values, and their view of power and view of themselves. If you depend on others to evaluate your value, you will not feel genuinely loved. Instead, you will try to perform in order to earn their acceptance rather than living out your uniqueness.

BE YOURSELF ©The Significance Project / MAN/IMPACT • 13

FACILITATOR • 22 Pursue Your Uniqueness

Pursue Your Uniqueness

1 MIN

26

1 MIN

27

READ question 1 and the answer and the first paragraph.

1. WHAT MAKES YOU WORTHY?
GOD GIVES YOU WORTH

Every woman has worth because God lovingly created her. When you enter into a relationship with God through Christ, you begin to experience the fullness of your worth and uniqueness.

FACILITATE the Money Demonstration (2 MIN) and the Mirror Exercise (8 MIN) on page 22 A.

COVER the rest of this page and the story at the top of page 22 A.

YOU ARE WORTHY!

 Others' Eyes	 SELF worth belonging love	 God's Eyes
shattered mirror		grace
their conditional love their personal preferences their values their view of power their view of themselves		unconditional love not based on our performance always believes the best accepts us just as we are
The best reflection of who I am is through God's eyes.		

“Now we see things imperfectly as in a cloudy mirror, but then we will see everything with perfect clarity. All that I know now is partial and incomplete, but then I will know everything completely just as God now knows me completely.”
 1 CORINTHIANS 13:12 NLT

You cannot fully rely on your own view or the eyes of others to accurately reflect your worth to you, because these mirrors are shattered. Other people view your worth through their conditional love, personal preferences, values, view of power and view of themselves. If you depend on others to build your worth, you will not feel genuinely and unconditionally loved. This is because you will tend to perform to try to earn their acceptance rather than living out your uniqueness.

The Significant Woman™ Copyrighted

12. PREPARATION FOR SLIGHT CONTENT DIFFERENCES IN MOI AND TSW

It is important as you prepare for each session to be familiar with the content of MOI and TSW. This means that sometimes there will be content just from Significant Woman and sometimes some of the content in Significant Woman will be left out.

For example, if you plan to invite participants to take turns reading Psalm 139 passage aloud (MOI 14 or TSW 23), it is helpful to know the passage in *The Significant Woman* resource is longer compared to that in *Man of Impact*.

When the content differs from MOI to TSW or vice versa, you may choose to get the participant to read the passage silently on their own.



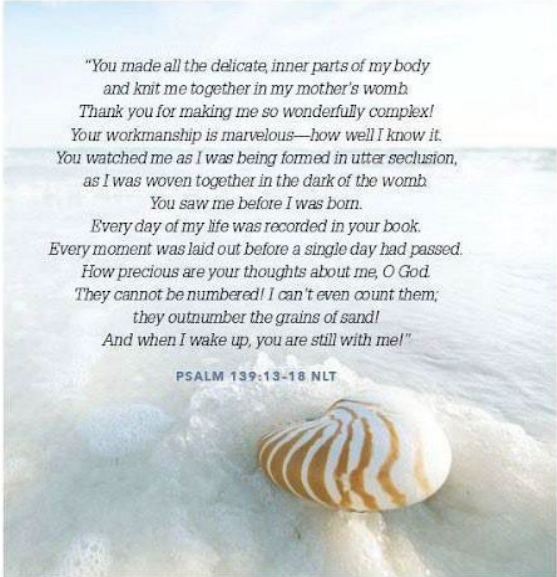
BE YOURSELF

2. HOW ARE YOU UNIQUE?
GOD CREATED YOU UNIQUELY

**A. GOD DESCRIBES HOW UNIQUELY HE CREATED YOU
 IN PSALM 139:13-18 (NLT).**

*"You made all the delicate, inner parts of my body
 and knit me together in my mother's womb.
 Thank you for making me so wonderfully complex!
 Your workmanship is marvelous—how well I know it.
 You watched me as I was being formed in utter seclusion,
 as I was woven together in the dark of the womb.
 You saw me before I was born.
 Every day of my life was recorded in your book.
 Every moment was laid out before a single day had passed.
 How precious are your thoughts about me, O God.
 They cannot be numbered! I can't even count them;
 they outnumber the grains of sand!
 And when I wake up, you are still with me!"*

PSALM 139:13-18 NLT



14 • MAN of IMPACT / ©The Significance Project BE YOURSELF


Parture Your Uniqueness 14/ 23 PARTICIPANT

2. HOW ARE YOU UNIQUE?
GOD CREATED YOU UNIQUELY

A. GOD DESCRIBES HOW UNIQUELY HE CREATED YOU IN PSALM 139.

*"O Lord, you have examined my heart and know everything about me.
 You know when I sit down or stand up.
 You know my thoughts even when I'm far away.
 You see me when I travel and when I rest at home. You know everything I do.
 You know what I am going to say even before I say a word.
 You go before me and follow me.
 You place your hand of blessing on my head.
 Such knowledge is too wonderful for me, too great for me to understand!
 I can never escape from your Spirit! I can never get away from your presence!
 If I go up to heaven, you are there; if I go down to the grave, you are there.
 If I ride the wings of the morning, if I dwell by the farthest oceans,
 even there your hand will guide me, and your strength will support me.
 I could ask the darkness to hide me and the light around me to become night—
 but even in darkness I cannot hide from you.
 To you the night shines as bright as day.
 Darkness and light are the same to you.
 You made all the delicate, inner parts of my body
 and knit me together in my mother's womb.
 Thank you for making me so wonderfully complex!
 Your workmanship is marvelous—how well I know it.
 You watched me as I was being formed in utter seclusion,
 as I was woven together in the dark of the womb.
 You saw me before I was born.
 Every day of my life was recorded in your book.
 Every moment was laid out before a single day had passed.
 How precious are your thoughts about me, O God. They cannot be numbered!
 I can't even count them; they outnumber the grains of sand!
 And when I wake up, you are still with me!
 Search me, O God, and know my heart; test me and know my anxious thoughts.
 Point out anything in me that offends you,
 and lead me along the path of everlasting life."*

PSALM 139:1-18, 23-24 NLT



14/ 23 PARTICIPANT

When there is a difference in the arrangement of content, it is often easier to follow the flow and pagination of *Man of Impact*.

Thank you for investing in the lives of couples through *Man of Impact* and *The Significant Woman* combined course. If we can help you in any way, please email us at thesignificanceproject@cru.org or visit our website: www.thesignificanceproject.org.



Materials for the Significant Couple Integration Activities

Session Number/Name/Details	Materials Needed
<p>Session 1-MOI Launch/Journey of Significance</p> <p>a. Getting to Know One Another b. Wallet Activity MOI FG 17; TSW 7A</p>	<p>a. <i>Soularium</i> Pack b. Participant’s Purse or Wallet</p>
<p>Session 2- Be Yourself/Pursue Your Uniqueness</p> <p>a. Money Activity MOI FG 19; TSW 22A b. Mirror Exercise TSW 22A, only for TSW c. Affirmation Activity TSW 36A</p>	<p>a. \$50 or highest denomination bill in your country that you can easily get b. Mirror or phone in selfie mode c. Sticky Notes or small paper & tape</p>
<p>Session 3-Walk Empowered by God/Embrace The Source</p> <p>a. Is Christ at Home in Your Heart? MOI FG 24; TSW 39A b. Release Activity MOI FG 27; TSW 50A</p>	<p>a. Paper and pens b. Helium balloons and small pieces of paper or paper and a cross or dish to burn paper</p>
<p>Session 4 - Energize Your Core Values/Activate 1</p> <p>a. GPS/True North MOI FG 31-32; TSW 54a b. Tops/Spinning Coins MOI FG 32; TSW 55A c. Affirmation Activity MOI FG 33</p>	<p>a. Compass or compass app, blindfolds b. 20 spinning tops or 20 medium to larger coins c. Sticky notes or paper and tape</p>
<p>Session 5 - Activate Your Personal Mission/Activate 2</p> <p>a. Target Activity MOI FG 35; TSW 65A</p>	<p>a. 4-6 small balls or small bean bags or crushed paper balls and a large stiff poster board or stiff paper with hole cut out of center</p>
<p>Session 6 - Refocus Your Life</p> <p>a. Backpack Demonstration MOI FG 39; TSW 85A b. Plastic Baseball Bat or Peacock Feather – Where is Your Focus? MOI FG42; TSW 97A</p>	<p>a. Backpack Belief: Journal, inspirational book Body: Exercise clothes, shoes, Beloved: a wedding and family photo Best Friends: cell phone, coffee mug Budget: toy car, check book, a tool Business: a planner and a file Be Renewed: a relaxing CD, a book b. Plastic baseball bat, Peacock Feather etc.</p>
<p>Session 7 - Live Intentionally</p> <p>a. Areas of Life Drill MOI FG 47; TSW 102b b. Bust Your Barriers: TSW 111A, only for TSW</p>	<p>a. Blank pieces of paper b. Small items and one or two large books</p>
<p>Session 8 - Sustain for Life/Impact for Life</p>	<p>Black markers, black pens and 2 sheets of paper</p>



FACILITATING THE SIGNIFICANT COUPLE COURSE VIRTUALLY

Doing the Integration Activities in a virtual group is a bit different from doing it in an in-person group but it can be effective and fun. Below are tips for the Integrated Activities for each of the sessions.

Man of Impact Launch/Journey of Significance

1. **Getting to know one another:** Use the questions in MOI FG 16; TSW 2C or take pictures of *Soularium* cards or similar cards like *Frame of Mind* or *Aninag* cards and on the Zoom share screen use the questions as an icebreaker.
2. **Wallet Activity/Purse:** MOI FG17; TSW 7A
Have the men use their wallet/computer bag and the women use their bag/purse. Assign breakout rooms; one set of peer coaches in each room. If you can't divide into breakout rooms, do activities all together.

Be Yourself/Pursue Your Uniqueness

1. **Money demonstration** MOI FG 19 or TSW 22A
Demonstrate the money exercise on the video call.
2. **Mirror Exercise** MOI FG 19; TSW 22 A
If possible, put peer-coaches in breakout rooms, or if the group is not very big, have each person share with the group. Tell them ahead of time to bring a mirror for this session. An alternative is to take a "selfie" with a hand-held device and share what they see. Use the notes in the MOI or TSW facilitators guides to provide the rest of the activity.
3. **Affirmation Activity** TSW 35A
Use the chat function. Do one woman/man at a time. Have everyone write their affirmation for that person in a chat function and share their affirmation of that person online. When all have shared with one person, have that person save those comments. You can take a picture or screenshot if desired. Then do this process with each person including the facilitator. After all members have been affirmed, end with a group prayer thanking God for each other's uniqueness.



Walk Empowered by God/Embrace the Source

1. Is Christ at Home in your heart MOI FG 24 or TSW 39A

The facilitator can draw his/her house ahead of time, take a picture and share screen on Zoom.

2. Release Activity MOI FG 27 or TSW 50A

Have participants prayerfully write on small pieces of paper what they want to release to the Lord and then tear them into pieces and put them in a basket. The facilitator can also demonstrate this by having a burning candle and a basket of the torn pieces of paper. The facilitator can also play soft instrumental music as participants pray through what they want to release to the Lord. End the activity with a group prayer and a debrief.

Energize your Core Values/Activate 1

1. GPS/True North MOI FG 31-32 or TSW 54A

Most mobile phones have a compass app. Before they look into their phones, have them guess where “north” is. Then have them look to their mobile phones to see where true north actually is in their context. An alternative is to video this beforehand and then share screen. Always debrief an activity.

2. Spinning Tops MOI FG 32 or TSW 55A

Tell them ahead to have 6 same-size large coins, or tops, for the next session. Have each woman try to spin all coins. Spinning tops in view of camera or as a facilitator, you can demonstrate this or do a video ahead of time and then “share screen”. Debrief the activity for the learning points.

3. Affirmation Activity MOI FG 33

Refer to Affirmation activity above.

Activate your Personal Mission/Activate:

1. Target activity MOI FG 35 or TSW 65A

Tell the group members ahead of time what materials they need to have for the meeting: 1 piece of paper or paper plate, 1 small marshmallow, small ball, bean bag, small wrapped candy, etc.

Everyone takes out a piece of paper (or plate) and cuts a hole in the middle and then while moving the paper target with one hand, have them try and throw the marshmallow, bean bag or small ball at the moving target. Talk about how it felt not hitting the target or bull's eye as compared to throwing with a goal in mind or target. You can talk about the ideas of the lesson this way and get the point across.



Refocus Your Life

1. Backpack demonstration MOI FG 42 or TSW 97A

The facilitator can demonstrate this online. The key is to have a small backpack and do this with speed, almost exhausted. Walk around with a heavy backpack to make a point. Debrief the activity.

2. Where is your Focus? MOI FG 44 or TSW 97A

If a peacock feather is not available, a long-stemmed plastic flower will do, or a tall, thin plastic baseball bat. The facilitator demonstrates looking at the fingertip first and then has everyone in their context try doing this. Debrief. Then the facilitator does the second part of balancing the peacock feather, or long-stem plastic flower or tall thin plastic baseball bat.

Debrief the activity by having participants share their learning points.

Live Intentionally

1. Areas of Life Team Drill MOI FG 44 or TSW 111A

Divide into 2 breakout rooms. Use instructions on the pages indicated above. Give them 1 minute to do this, then bring them back into the main session. Have the group share.

Whoever got it can have a prize (candy bar, etc.)

Impact for Life/Sustain for Life

No activities that need more explanation.



THE SIGNIFICANT COUPLE FACILITATOR GUIDE: SESSION 1

Man of Impact Launch (MOI) and Journey of Significance (TSW)

Getting Ready: (MOI FG-14; TSW FG-2A)

Man of Impact Launch and *Journey of Significance* are designed to introduce the Life Principles. This session helps to create an open, authentic and supportive Life Coaching Group and Peer Coaching environment that builds throughout the course.

Session Focus:

1. Facilitate an activity for participants to get to know one another. See ideas on MOI 16 & TSW 2c.
2. Introduce the framework of the principles from *Man of Impact* (MOI) and *The Significant Woman* (TSW)
3. Highlight the Life-Coaching environment and Peer-Coaching interaction.

Logistics to Set for Facilitating This Session

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and/or TSW, put a sticky note with the Facilitating Step number from the section - 'Life Coaching Group Begins', at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *Man of Impact Launch* and the TSW session *Journey of Significance* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. For time allotment to cover each page see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation

- Your Bible
- Self-stick (e.g. Post-it) notes, pens and pencils
- Prepare your personal story of how one or two of the Life Principles has helped you. See MOI FG 16.
- Select the peer coach pairs men with men and women with women and/or a couple with 2 other couples. You will announce these during the Peer Coach discussion. See MOI FG 15; TSW 11A. In the couples' course, couples will also be peer coaches with each other on some activities or Life-Coaching Tools.



Integration Activity Materials

- Purse or bag for women
- Wallet or computer case for men

Life Coaching Group Begins

1. Welcome the men and women.
2. Pray for the session.
3. Go through the section “Preview/Overview of the Course”: MOI FG 16; TSW 2D.
4. **Introduction and getting to know one another** See ideas from MOI 16; TSW 2C. Or have participants select 2-3 pictures from a Soularium pack, an Aninag pack, or clip pictures from magazines that depict different things in life. Have them select pictures that describe:
 - a. Life right now
 - b. Job or work
 - c. Family
 - d. Spiritual journey or how they view God
 - e. Other
5. Read the page with examples and questions.
 - Facilitate a discussion, “When and how have you ever felt like any of these women or men?” MOI 2; TSW 3
 - Would one of you like to share your experience? (Be prepared to tell your own experience if needed.)

There are no key questions in the MOI course, like in the Journey of Significance in TSW.

6. Read the **first key question** TSW 5.
This question is found only in TSW. Women silently read TSW 4-5; and the men silently read the first 5 paragraphs.
Read the last paragraph and the Scripture. Point out that this is the theme verse for the course.
7. Read **the second key question**
(This is found only in TSW) Woman facilitator covers pages 6-7
8. **The Principles:**
Ask the **third key question** MOI 4; TSW 7-8.
9. Facilitate the **Integration Activity**: Purse / Wallet Activity MOI FG 17; TSW 7A. Debrief as to the main objective of the Integration Activity.
Use the chart to describe the Life Principles, explain Foundation, Direction and Action MOI 4; TSW 8, 8A.



- 10.** Share a personal story or example of how Man of Impact, The Significant Woman, or this couples group course has benefited you MOI FG 16; TSW 2D.

Talk specifically about how applying these life principles has had an impact on:

- your relationship with God
- your knowledge of who you are
- what you have to offer
- how you believe your life is making a difference

11. The Life Coaching Environment

- Read **the fourth question** TSW 9-11.
- Have someone read the Life-Coaching page, MOI 5.
- Read the Peer Coaching section MOI 5; TSW 11.
- Ask: "What is your natural inclination in relating to others"? -- Mentor, counselor, coach?
"What changes can you make in order to focus on coaching instead of mentoring or counseling?"

Announce the **peer-coach pairing**. Explain your criteria if needed. A woman is paired with another woman, the man with another man. Later, there will be times when couples can peer-coach each other, or a couple can discuss between themselves some of the questions for a couple's interaction.

Tips to decide on the peer-coach pairing:

- Pair participant with their invited friend
- Peer-coach according to season of life
- You may let participants tell you who they want to peer-coach with beforehand
- Pair according to how God will lead you

BETWEEN SESSION INTERACTION OF PEER-COACHES

Peer Coach Sharing and Interaction and Couple Sharing and Interaction

At the end of each group session, course facilitators will provide questions for both the peer-coaches to share and connect. Course facilitators will also provide questions for individual couples to share and interact.

*After the peer-coach has been announced, reseal the group so that the peer pairs sit together if the group meets in person; if meeting virtually, announce that later you will send them into breakout rooms for interaction with their peer-coach.

12. Prayer and Journal Notes

Introduce Prayer for the Journey MOI 7; TSW 12-13. Ask them to write a prayer request on the prayer sheet about what they would like God to do during the time in the group.

Introduce the Journaling the Journey MOI 8,10; TSW 14-15.



- 13.** Introduce the concept of Personal Development Opportunities (PDO) and the PDO's for this section.
 - a.** PDO 1 - MOI 9; TSW 16
Go through Choosing Your Road using TSW 17-18 (as it is not in MOI).
 - b.** Give instructions on what to do during the first peer-coach meet. Pair up the peer-coaches and discuss three questions:
 - How has God been shaping your life?
 - What do you want God to do in your life through this course?
 - Are there any hindrances and/or motivations for choosing a life of significance vs. living my own way or the ways others want me to live TSW 18?

Couples PDO -Mention that since this is a Significant Couple group, there will be special PDOs for you each session. Questions for couples to interact on their own:

 - Share with your spouse how you have seen God shaping you.
 - What are some of my hindrances from choosing God's road? What is my motivation for choosing God's road? (refer to TSW 18)
 - c.** If the group is virtual, recommend the participants to complete prior to the next session: Life-Coaching Tool: Life Experiences-- MOI 20; TSW 30 and Life-Coaching Tool: Spiritual Gifts Discovery-- MOI 21; TSW 31.
 - d.** If your group is a larger group meeting in person, doing the two longer Life-Coaching Tools mentioned above prior to the next session will give them more time to share and hear from each other.
- 14.** Close in prayer.
- 15.** If meeting in person, at the end of this session, have snacks or an easy meal. Have a casual interaction and ask questions if needed.



THE SIGNIFICANT COUPLE FACILITATOR GUIDE: SESSION 2

Be Yourself (MOI) and Pursue Your Uniqueness (TSW)

Getting Ready: (MOI FG-18; TSW FG-20A)

Pursue Your Uniqueness and *Be Yourself* Life Principles are designed to help participants see their worth and uniqueness the way God does.

Logistics to Set for Facilitating This Session:

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and or TSW, put a sticky note with the Facilitating Step number from the section - 'Life Coaching Group Begins', at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *Be Yourself* and the TSW session *Pursue Your Uniqueness* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. Some facilitators, after consulting with their group, divide this principle: *Be Yourself/Pursue Your Uniqueness* into two sessions. When you begin the second part, review part one. Review from where you left off before you go into part two of the session.
6. For time allotment to cover each page, see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation:

- Your Bible
- Sticky notes, pens and pencils
- Ink pad and a piece of paper for each person

Integration Activity Materials:

- Crisp \$20 or \$50, bill (the largest denomination bill that is easy for you to get)
- Wallet, computer bag or purse

Life-Coaching Group Begins-Facilitating Steps:

1. **Welcome** the men and women.
2. **Pray** or ask someone to pray for this session.



- 3. Have the participants turn to MOI 4; TSW 8. Review the previous session and the Life Principles Chart.** Explain that MOI has 7 principles; TSW has 6 principles but, it has the same number of principles as MOI, because in TSW *Activate your Mission* is one session divided into the same 2 parts as MOI *Energize your Core Values* and *Activate Your Mission*.
- 4. Have the participants read the questions and answers at the top of page MOI 12; TSW 21.** You read MOI 12 and the rest of the page. Mention that MOI has one more question than TSW.
- 5. Show them the diagram on TSW 21 and highlight the two key points (Worth and Uniqueness).**
- 6. Break into 2 groups: men in one group, women in one group.**
Woman facilitator, facilitate the Integration Activity: Mirror Exercise with the women TSW 22A.
Male facilitator, facilitate the Value exercise for the men MOI FG 19.
- 7. Facilitate the Integration Activity: Money Demonstration** either from MOI FG 19; TSW 22 A.
 - Highlight the key points from the Integration Activities as explained in the Facilitator Guide you chose to use. Emphasize that "God gives us worth". He loves you and me unconditionally, not because of who I am, or who you are, but because of who He is."
 - Share: "The best reflection of who I am and my worth is through God's eyes."
- 8. Ask question #2 at the top of the page MOI 14; TSW 23-24 and follow instructions** on MOI FG 20 or TSW 23-24. Break the group into peer coach pairs or couples and discuss the question, "Knowing that God sees, and loves and accepts you as you are, how might you live your life differently?"
- 9. Have someone read the section-- God loves you and accepts you as you are.** MOI 15; TSW 24
- 10. Have someone read question #3, and the first four paragraphs TSW 26; MOI 16.**
 - If the group is virtual (this group activity is optional). If meeting in person, have an ink pad and have the participants place an imprint of their thumb on a piece of paper.
 - Compare their thumb prints with one another.
- 11. Use the content of the bullet points in MOI 17; TSW 26 to explain the Uniqueness Summary/Unique Design Summary.** They will fill in MOI 17; TSW 27. They will work on it progressively as they work on the Life-Coaching Tools.
 - Suggest that they mark this page with a post-it note, or a clip/bookmark since they will turn to this page frequently.
- 12. Life-Coaching Tool: Current Key Relationships.** Read the page and the instructions.
 - Have the participants work on the tool.
 - Have them transfer their six key relationships on the Unique Design Summary MOI 17; Uniqueness Summary TSW 27.
- 13. Discuss as a group some of their key relationships.**



14. Life-Coaching Tools: Skills and Abilities. Read the instructions MOI 19; TSW 29.

- Have the participants work on the tool.
- Transfer their top 8 skills and abilities to the Unique Design Summary/Uniqueness Summary.
- Break them out into peer coach pairs. Or ask three couples seated together around the table to share in their group of six what they appreciate about their spouse's skills and abilities.
- If the group is meeting virtually, put the three couples in a breakout room and discuss what they appreciate about their spouses.
- Alternatively, course facilitators can ask the couple (i.e. husband and wife) to share the skills and abilities they appreciate about one another.

15. Life-Coaching Tools: Life Experiences-- MOI 20; TSW 30, 30A

- Read the instructions and have the participant do the tool if they have not done it ahead.
- If the group is virtual, this is one of the Life-Coaching Tools you have assigned before the session as it is one of the longer ones to do. This gives you more time to discuss with the group during actual sessions. Be sensitive to how they are doing with this tool as it may surface possible painful memories.
- For a couples' group, invite a couple to share among themselves their key experiences that have impacted their life so far and may continue to do so. A couple can ask themselves this: "What was your most painful life experience and what have you learned from it? How has it shaped who you are today? How could this be used to help others?"
- Help others uncover themes if they need help. Transfer two themes in their Unique Design Summary MOI 17; Uniqueness Summary TSW 27. You may give examples of themes such as: loss, celebration, accomplishments, pain, etc.

16. Life-Coaching Tools: Spiritual Gifts-- MOI 21; TSW 31

- Read the instructions and the Scripture verses.
- Encourage participants to answer the questions before doing the online Spiritual Gifts Survey.
- If this is a virtual group, this is also one of the Life-Coaching Tools you pre-assign to do before the session, as this takes a longer time to do.
- Ask a couple to share with their spouse what they observe about their spouse's spiritual gifts and how their spouse is expressing their spiritual gifts.
- **Online FREE Spiritual Gifts Inventories:**
<http://buildingchurch.net/g2s.htm>
<http://www.kodachrome.org/spiritualgift>
<http://www.christianet.com/bible/spiritualgiftstest.htm>

17. Life-Coaching Tools: Personality Traits Test MOI 22; TSW 32

- **Communicate to the group that** *"God is a very creative God. He designed you with a certain personality at birth, which continues to emerge and expand throughout your life. There are several ways to look at your personality to discover more about how God has designed you. This is just one way to look at personalities and it is an easy way to do so in a setting like this".*
- **Read** the instructions and have the participants work on this tool.



18. Life Coaching Tools: Personality Strengths and Weaknesses-- MOI 23-24; TSW 33-34

- Read the first two paragraphs and then give instructions for them to complete the tool.
- Have them transfer their strengths and weaknesses to their Unique Design Summary MOI 17; Uniqueness Summary TSW 27.

19. Have the group discuss the following questions:

- What have you learned about yourself?
- What aspects of your uniqueness can you celebrate or value?
- What ways do you want to grow and accept yourself the way you are?

20. Practice Progress, Not Perfection MOI 25; TSW 35

- Cover the content of this page.
- Highlight the key statement—**Practice Progress, not Perfection**

21. Give Instructions on Personal Development Opportunities

- "At the end of each life principle, we provide you with Personal Development Opportunities that will be referred to as PDOs. They are designed to help you take action on practical ideas for implementing what you have discovered, or to get input and responses from important people in your lives as you progress in living a life of purpose and significance. When you take advantage of these PDOs, you will deepen your experience".
- Go over the three PDOs. encourage them to meet with their peer coach and talk about their own reflections and input from family and friends.

Couples PDO: Questions for a couple's interaction:

- How have my life experiences impacted our marriage (and children if any)?
- What have I become more aware of in my uniqueness and the way it is impacting our relationship?
- How can we complement each other as a couple in using our unique traits?

22. Integration Activity: Affirmation from the heart Activity MOI 26; TSW 36A

In MOI, this affirmation activity is done in the principle "*Energize Your Core Values*". In a couples group, do this in this principle, not in the "*Energize your Core Values*" session. Go over instructions on MOI 48, FG-33; TSW 36 A. Ask participants to affirm one person at a time in the group. Ask participants to write notes for one another. Choose the first person. Each one in the group will read their written note to the person being affirmed and then hand them the note. Repeat the process until each one in the group has been affirmed.

If this is a virtual group, break them up into two groups; one for men, one for women. Affirm one person at a time. Have the participants type in the chat feature a word or phrase to share to affirm that one person. After everyone has typed in their word or phrase about that person, move on to another person and repeat the process until all the participants have been affirmed. After everyone has been affirmed, give time for each person to go back and copy the affirmation comments they got and paste them into an email to themselves.

23. Have group prayer thanking the Lord for the time and what you learned etc.



THE SIGNIFICANT COUPLE FACILITATOR GUIDE: SESSION 3

Walk Empowered by God (MOI) and Embrace the Source (TSW)

Getting Ready: This principle equips men and women to embrace an intimate relationship with God, the Source who forms their foundation and empowers them to live a life of impact and significance.

Session Focus: (MOI FG-23; TSW FG-38A)

1. How to align with God, the Source of significance, purpose and impact.
2. Connect with the purpose God has given him and her.
3. Grow in relationship with God.
4. Rely on the Holy Spirit who empowers him and her.

Logistics to Set for Facilitating This Session:

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and or TSW, put a sticky note with the Facilitating Step number from the section - 'Life Coaching Group Begins', at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *Walk Empowered by God* and the TSW session *Embrace the Source* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. Some facilitators, after consulting with their group, divide this principle: Walk Empowered By God/Embrace the Source into two sessions. When you begin the second part, review part one. Review part one from where you left off before you go into part two of the session.
6. For time allotment to cover each page, see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation:

- Your Bible
- Post-it notes, pens and pencils
- Prayerfully read this session for yourself. Carefully read the Gospel presentation MOI 30-31 and TSW 41-42 and the pages on the Holy Spirit MOI 35-38; TSW 48-49. Look also at the booklets in the back of your Facilitator Guide. (eBooks don't come with the booklets but can be requested as a downloadable from thesignificanceproject@cru.org).
- Prepare your personal testimony of how God changed your life MOI FG 29; TSW 50B, C.



Integration Activity Materials:

- 1 sheet of blank paper for each participant
- A copy of the two booklets
- Small colored paper folded in half and the materials for which ever culturally relevant form of the Release Activity you have chosen to do. The balloons are very effective but may not be as easy to do in your setting MOI FG 27; TSW FG 50A
 - small pieces of paper that can be folded; helium balloons; string
 - a fireproof dish; matches; container of water if needed to put out the burning papers
 - an altar or table; a cross
 - rough rocks; smooth rocks; dish; something to write on rocks with

Life Coaching Group Begins-Facilitator Steps:

1. Welcome the men and women in the group.
2. Pray for the session.
3. Review the previous principle MOI FG 24 and/or TSW 38B, talk about God's love and acceptance of them and about how they are unique. Use TSW 38B or ask the group to share their highlights in doing the previous principle and/or from their Unique Design/Uniqueness Summary.
4. Have them turn to MOI 28; TSW 39. Read the four key questions and answers on the top of the page. Explain the 2 key points of the principle. Have someone read the verse and the last paragraph.
5. Facilitate the **Integration Activity: Is Christ at Home in your Heart?** MOI FG 24; TSW 39A
 - a. Pass out a sheet of paper to each person & give instructions to help explain the 7 areas of life:
 - Print the 7 Areas of Life and pass it to the group
 - Or have them turn to MOI page 67; TSW page 85
 - Or show a powerpoint slide of the 7 Areas of Life
 - b. Have them share with their peer coach or spouse their thoughts and discoveries from doing the "Is Christ At Home in Your Heart"? Activity for the next 5 minutes.
6. Have them turn to the pages MOI 29-31; TSW 40-42 and read question #1 and the answer, the paragraphs and scripture verses.

At the end of the first question, you can say, "I wish I could hear all your stories of how you came to know Christ. For me...." (Share your personal 3-minute testimony of how you became a Christian and how God changed your life.) For your preparation on this, use MOI FG-28; TSW 50A, B.



7. Transition to the book presentation “**Can you know God Personally**” MOI 30-31, or “**Beginning your Life of Significance**” TSW 41-42.
 - Please do not skip this section even if you think all of the participants are Christians. Reviewing the gospel is always helpful and you can share it with others.
 - Cover the gospel presentation. Present the additional information on MOI FG-25; TSW 42A. Stop and pray and give an opportunity for them to receive Christ.
 - Encourage them to share the gospel with others. Invite the peer coaches to share with their friends, or family members, and be praying, caring and taking the initiative to reach out.
 - If meeting in person with the printed books, have the participants take the booklets from the back of their books to show them what you had talked about in MOI 30; TSW 41-42
If they have eBooks, have them go to the.significance.project.org to download the booklets.

8. Have them turn now to MOI 32; TSW 43. Ask **question #2 and the answer**. Ask a participant to read the rest of the page.
 - Explain that God’s purpose is a critical component of knowing your direction and discovering your Personal Mission. Emphasize the statement **OUR PURPOSE COMES FROM GOD**.
 - Have the peer coaches discuss three ways they can personally glorify God through their lives and specific ways they can enjoy God. (6 minutes)

9. Have them turn to MOI 33; TSW 44. Read **question #3 and the answer**. Highlight the paragraphs. You can say, **“With God there doesn’t need to be a set time, a set place, or a set way to come to Him. You come as you are to God with as much as you have—time and energy, etc. He wants you to relate to Him in a way that is meaningful to you”**.

10. **Life-Coaching Tool: Grow in your Relationship with God/Embrace the Source Intimately.**
MOI 34; TSW 45
 - Assign different participants to read the description and one verse from inside the box/MOI; inside the heart/TSW.
 - Have the group share the ways they have applied some of these 6 areas and the difference they have made in their lives. (6 minutes).
 - Have the participants work through this tool on their own.
 - Pause and cover the PDOS on MOI 39; TSW 50 to avoid interrupting the flow of the sections that follow.

Additional PDOs for Couple’s: Questions for a couple’s interaction:

 - What are 1-2 areas in which I desire to experience God more intimately and grow in my relationship with Him?
 - Who are the 2-3 people who we are not sure have a personal relationship with God and with whom we can share the gospel message?
 - What can I/we do to help our family grow in the Lord?

11. Have them turn to MOI 35; TSW 46 Read **question #4 and** the first 2 paragraphs.
 - Ask different participants to read the Bible verses and the paragraph.

12. Turn to MOI 36; TSW 47. Have someone read the story “**One Man's Discovery**”/“**Everything You Need**”. At the end discuss comments from the group.



- 13.** Everyone turns to MOI 37; TSW 48. Explain the three circles. **This is one of the most important times in the course. Being filled with the Holy Spirit is what enables you to have the power to live the Christian life, to be who God created you to be and do what He calls you to do.**
- 14. Have them turn to MOI 38; TSW 49. Spiritual Breathing**—Read the first paragraphs and explain the Spiritual Breathing chart.
- Have them re-read the page to themselves.
 - Share a specific personal example of Breathing Spiritually.
- 15.** Have the participants take a look at the booklets about the Gospel and the Holy Spirit as a helpful reminder for this section of the course. Mention that these are also helpful tools for them to use to share the concepts with others. (eBooks don't have booklets. You can request it as a downloadable form from thesignificanceproject@cru.org).
- 16. Integration Activity: Release Activity**
- Read or communicate in your own words the first 2 paragraphs of MOI FG-27; TSW 50A.
 - Read the instructions. The house diagram may be a helpful reminder to see what areas of life they might need to release to the Lord: painful life experiences, sin areas like unbelief or unforgiveness in their hearts, or anything that the Holy Spirit convicts them of as a result of this study.
 - Play music in the background as they write all the things they want to release to the Lord.
 - a. They can write on a small 2x2 piece of foldable paper and tie their note to a helium balloon to be released together outside or in the room.
 - b. They drop their note into a fireproof dish you provide and you burn all the notes together after each one prays silently to release to the Lord what they have written.
 - c. You can have an altar with a cross and bring the torn papers to the foot of the cross.
 - d. They can write what they are releasing on a rough rock and place it at a cross that you have set up. Then pick up a smooth rock that you have placed in a dish beside the cross to remind them of the forgiveness and grace of God.
 - Have peer coach pairs, or a husband and wife, pray together as they do the release activity to the Lord.
- 17.** Close in prayer unless you already closed in prayer during the Release Activity.



THE SIGNIFICANT COUPLE FACILITATOR GUIDE: SESSION 4

Energize your Core Values (MOI) and Activate Your Mission 1 (TSW)

Getting Ready: (MOI FG-30; TSW FG-52A)

When men and women set their minds on honoring their Core Values, they begin to live out their unique mission in a genuine way. This is the first DIRECTION principle that shapes your intellect, emotions and will.

Session Focus:

1. Identify your core values.
2. Live out Core Values in their lives which are reflected in their behavior and which influence decisions and relationships.

Logistics to Set for Facilitating This Session:

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and or TSW, put a sticky note with the Facilitating Step number from the section - 'Life-Coaching Group Begins', at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *Energize Your Core Values* and the TSW session *Activate Your Mission 1* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. For time allotment to cover each page, see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation:

- Your Bible
- Post-it notes, pens and pencils and blank paper
- Prepare a personal example on how your Core Values have shaped your behavior and decisions.

Integration Activity Materials:

Props for the Spinning Tops/Coin Activity:

- 15 spinning tops or 15 coins, of the same size
- Download the video of Spinning tops exercise if needed from *The Significance Project Website*.



Life-Coaching Group Begins:

1. Welcome the participants. Pray for the Session.
2. Review the previous session on *“Walk Empowered by the Source”/“Embrace the Source”* by asking what opportunities they have had since last together to practice walking in the Spirit.
3. **Review the Foundation, Direction and Action chart on the session divider page. Identify this session as the first Direction principle.**
4. MOI 42; TSW 53 Read the two questions and answers on the top of the page.
5. MOI 42; TSW 54 Have someone read the paragraphs on this page.
6. MOI 43; TSW 55 Read the 3 paragraphs and highlight the chart.
7. MOI 44; TSW 56A (for the facilitator but 56 for participant). Read the instructions and have them do the **Life-Coaching Tool Step 1: Know Your Values.**
8. Facilitate the Integration Activity: **Spinning Tops/Coin Activity.** Use the instructions in MOI-FG-32 or TSW FG 56.
9. MOI 45; TSW 57 Criteria for Identifying Core Values-Have someone read the first 2 paragraphs bullet points and the quotes, including the bullet points for identifying your Core Values.
10. **Life-Coaching Tool Step 2: Identify and Check Alignment of your Core Values.** MOI 46; TSW 58.
 - Relate a personal example about how your core values have shaped your behavior and decisions.
 - Read Step 2 instructions. Have the participants work on a tool and work with their peer coach if they need help.
 - Have the peer coaches or husband and wife work on this together. If this is a virtual group, put them in breakout rooms by a peer coach team or husband and wife. Bring them back to the main session after 15 minutes.
 - Have them transfer their top 5 Core values to Unique Design Summary MOI 17/ Your Uniqueness Summary TSW 27.
11. **Life-Coaching Tool Step 3: Live Your Core Values through Consistent Behavior** MOI 47; TSW 60
 - Read Step 3 and the instructions.
 - Give them time to work through the tool. See FG notes in the book.
 - Afterwards ask them to link this page to PDO 1 on MOI 49, TSW 61. Cover the PDO 1. Doing this at this time is better than asking them to meet another time.
 - Note: you can invite three people to share one of their core values or, for a couples group, 3 couples to share with their group one core value they appreciate about their spouse.




12. Conclusion for the session

- Read through the instructions on the PDOs 2 and 3, to make sure they will gather feedback on how well and often their behavior demonstrates their Core Values.

Couple's PDO: Additional questions for couple's interaction

- What are my core values? How are core values similar or how are they different?
- What are the core values which have created tensions and unhappiness in our relationship with our children?
- What can I do differently when relating to you/our children when my core values differ?
- What are our core values as a couple?

13. Close in prayer or ask someone to close in prayer.



THE SIGNIFICANT COUPLE FACILITATOR GUIDE: SESSION 5

Activate Your Mission (MOI) and Activate Your Mission 2 (TSW)

Getting Ready: (MOI FG-34; TSW FG-64-A)

When men and women discover their Personal Mission in life (drawn from their relationship with God and His purpose), their lives change significantly. Their Personal Mission provides direction for living a life of impact and significance, and they have new hope because they know their reason for being here.

Session Focus:

1. Discover his/her personal mission.
2. See how Personal Mission will activate his/her direction.
3. Understand how God-given passion ignites his/her personal mission.
4. Realize how personal mission makes a difference in key relationships and with others.

Logistics to Set for Facilitating This Session:

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and / or TSW, put a sticky note with the Facilitating Step number from the section - 'Life Coaching Group Begins', at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *Activate Your Mission* and the TSW session *Activate Your Mission 2* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. Some facilitators, after consulting with their group, divide this principle into two sessions. When you begin the second part, review part one. Review part one from where you left off before you go to part two of the session. The dividing point is shown below.
6. For time allotment to cover each page, see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation:

- Your Bible
- Post-it notes, pens and pencils
- Prepare a personal example on how your Personal Mission has encouraged you.
- Blank sheets of paper (8 ½ by 11 or A4) to write a draft of the Personal Mission Statement

Integration Activity Materials:

Props for the target Exercise:

- Small balls, small crumpled paper, small bean bags or other small items.
or use a large paper plate with a big hole.
- A large piece of paper or poster board with a target drawn on it or hole cut in the middle of the target.
- Download video of Target Exercise Integration Activity if needed.



Life Coaching Group Begins:

1. Welcome and pray or have someone pray for the time.
2. Review the last principle “Activate 1 / Energize your Core Values”. Have a few participants share these:
 - The response they received from their friends on their core values.
 - The opportunities to authentically live their core values.
 - Times when their core values were challenged and what helped them to stay strong.
3. Facilitate the **Target Activity**. MOI 52, FG-35; TSW 65, 65A.
See the instructions
 - Debrief the Activity:
Ask the participants which round is easier and why?
Which is more effective?
4. Use MOI: Read the four key questions and the answers. Communicate that this is the next Direction principle. Cover the rest of page MOI 52; TSW 65
5. **Say that you are using MOI pages:** Everyone turn to MOI 52-53 or TSW 66. You read the **Question, What Activates Direction?**
 - Ask: What are the benefits of having a personal mission? (use MOI 53; TSW 70)
6. Read **Question “Why does Personal Mission Matter?”** MOI 54-55; TSW 70-72
Highlight these pages. Explain these pages and the REACH Diagram.
7. Read or have others read MOI 54, 2B & 55; TSW 71, 72. Facilitate a group discussion of 1-2 experiences they have had in sharing Christ with others, names of 2 other people they would like to reach out to and ideas for doing so (8 minutes). Ask the group if they would like to do a REACH opportunity together. Generate some ideas from the group. See MOI FG-36 for some ideas.
8. Read **Questions: What Part Does Passions Play?** and the answer. Have a couple of participants read the rest of the content. MOI 56-57; TSW 67-69
9. Read the instructions for the Life-Coaching Tool: **Discover your Life Passions/Uncover Your Passions.**
 - Have the participants work through the tool.
 - Afterwards have the participants interact with their peer coaches or spouse about their discoveries and help each other choose their two main life passions.
 - Transfer their two main passions to Your Unique Design Summary/Uniqueness Summary page.

DIVIDING POINT: If this principle is facilitated into two sessions, this is where you stop and continue the remainder during the next session.



10. Read Question #4--“What is your Personal Mission?” and the answer.

- Give an introduction to the Life-Coaching Tools in the next 4 pages. MOI 58-63; TSW 74-79. These LCTs will help them formulate a draft of their Personal Mission Statement.
- Read the page MOI 58; TSW 74.

SPECIAL CONTENT FOR COUPLES/ENGAGED:

Below are three concepts which represent how a couple (husband and wife, fiancé and fiancée) can live out their personal mission as well as develop a family mission. **The top two circles** (Concept 1) represent a couple who has very different life passions and personal missions. The couple has little or no personal mission overlap.

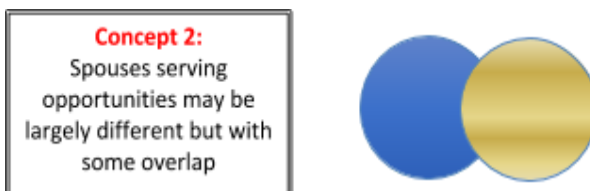
The middle ones (Concept 2) have some overlapping personal mission opportunities and platforms, but also have individual personal mission opportunities and platforms.

The last set of circles (Concept 3) is a couple who is involved in similar personal mission opportunities and platforms but perhaps with different roles. The couple is involved together most of the time in the common personal mission activities, opportunities and platforms.

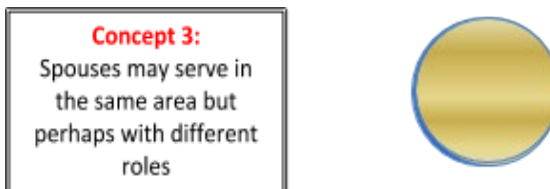
The Significant Couple course enables couples to explore the concept most suited for them in their present and future seasons of life.



A family mission may be expressed by a third circle to the right of the other two.



Where personal missions overlap, this may be a partial expression of their family mission.



This overlap may be their family mission which would be the same as their combined personal missions

11. Life-Coaching Tool: Mission Involves Taking Action

- All turn to MOI 59; TSW 75 and read the instructions 1-4. Clarify that they can add verbs to the list.
- Have them work through the tool.



12. Life-Coaching Tool: Mission Impacts Others/Makes a Difference for Others

- Have them read the instructions: MOI 60; TSW 76.
- Have the participants work through the tool.

13. All turn to MOI 61; TSW 77 and you, or someone else, read through the top of the page and sample mission statements.

- Share your Personal Mission Statement and how it has been helpful to you.
- Pray for them as they work through the five steps of crafting a mission statement.
- Encourage them to work on this tool, with their peer coaches, if helpful, as they work on this tool. (15 minutes)
- Refer back to the sample mission statements and point out each part.

14. My Personal Mission Statement:

- Demonstrate how you crafted your own Personal Mission Statement. Using the words in your worksheet, move the words around (in small post-it notes) so you can begin a draft of your Personal Mission Statement and eliminate the unnecessary words.
- Read the page MOI 63; TSW 79. Pass out blank sheets of paper and small sticky notes or use a pencil to make it easier to erase/replace unnecessary words.
- Help the participants so they can develop at least a draft of their Personal Mission Statements. Conclude with a time to share their Personal Mission Statements or the draft they have started.

15. Go over the **PDOs. Highlight PDO2.** If you have not created a WhatsApp group or any platform of your choice, do so and have them write their Personal Mission Statement to share with the group. This helps build community as well.

Couples PDO: Interact on their personal mission statement and begin work on a family mission statement.

16. Remind them of the importance of having at least a draft of their Personal Mission Statement before you move on to the next, Principle-**Refocus Your Life.** Motivate them for the next session by sharing key concepts of how to Refocus (areas of life, Reality Questionnaire, where God desires us to be in each area of life).

17. Close in prayer.



Steps in Crafting your Personal Mission Statement

Step 1: As you do this, pray that the Lord will reveal to you your personal mission.

Step 2: Move the post-it notes around until they form your personal mission. This will be a rough look at your personal mission that you will refine and adjust during this course and even after the course is over.

Step 3: NOTE: Not all of the six aspects of your Uniqueness (as mentioned on the post-it notes) will be identified in your personal mission. Some of the six aspects will be reflected in some way in your personal mission but not specifically stated in your personal mission statement.

Step 4: Combine some of the words and phrases from the six post-it notes into a single sentence that best describes God's personal mission for you.

Step 5: Work with the sentence and when you feel satisfied with your personal mission statement write it below. Transfer your personal mission statement back to your book.



THE SIGNIFICANT COUPLE FACILITATOR

GUIDE: SESSION 6

Refocus Your Life (MOI & TSW)

Getting Ready: (MOI FG-38; TSW FG 82-A)

This is the second Direction Principle that challenges us to take responsibility for refocusing our lives in all areas of life to align with our personal mission.

Session Focus:

1. Understand how to refocus our life to align with our Personal Mission
2. Evaluate how well we are living out our Personal Mission in all areas of life.

Logistics to Set for Facilitating This Session:

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and or TSW, put a sticky note with the Facilitating Step number from the section - 'Life Coaching Group Begins', at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *REFOCUS* and the TSW session *REFOCUS* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. Some facilitators, after consulting with their group, divide this principle: Refocus your Life into two sessions. When you begin the second part, review part one. Review part one from where you left off before you go into part two of the session.
6. For time allotment to cover each page, see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation:

- Your Bible
- Post-it notes, pens and pencils
- Your completed Map of Life (MOI 76; TSW 94)

Integration Activity Materials

- Colored pen and markers
- Backpack and items to go inside a backpack (MOI 67, FG-39; TSW 85A)
- Red and blue pens
- Post-it notes
- Plain paper
- Plastic baseball Bat for men or Peacock feather or a long plastic flower for women for the Baseball Bat/ Peacock Feathers Activity
- Download videos of the Backpack Demonstration and Baseball Activity/Peacock Feathers Activity as needed.



Life Coaching Group Begins:

1. Welcome the participants and open in prayer.
2. Review the last principle “**Activate your Mission**”. Ask each one to share at least a draft of their Personal Mission Statement and some of the responses they received from friends when they shared it with them. Additionally, ask the couples to share family mission statement drafts or final versions.
3. Go to the Divider page and remark that this is the last Direction Principle. Go over the 2 key questions, the answers, and the content of the page MOI 66; TSW 83. (Note, MOI has two questions while TSW has three questions. MOI question 1, combines the first 2 answers of the TSW questions).
4. Remind them that these life principles are to be applied over a lifetime and every aspect is not necessarily applied all at once. This journey is a process and they will want to **practice progress, not perfection.**
5. Read **question #1 Why refocus your Life?** and the answer.
 - Ask a man to read the 7 areas of life on MOI 67 and the definitions. Ask a woman to read TSW 84.
 - Clarify that the **Belief** area of life represents things we do to enhance our relationship with God, but God’s involvement in our lives permeates every area of life. He is our **FOUNDATION.**
 - Facilitate the **Integration Activity-Backpack Demonstration** MOI FG-39-40; TSW 85A. Follow the instructions, or you can substitute other articles if they will relate better to your group and still represent the particular area of life.
 - If this demonstration is done in-person, while relating your items and stories, do it as fast as possible and make it fun. Use a smaller backpack so that it is harder to squeeze in all the items.
 - Get the volunteer wearing the backpack to walk around in order to feel the weight of so many things.
 - Debrief on the activity: **This activity highlights that we put so much into our lives and are so busy that we don’t have time to live life the way we desire.**
6. Ask the group to discuss: “What holds you back from living your Personal Mission in all areas of life?” Spend 5 minutes for this group discussion.
7. Have them turn to MOI 68 and TSW 86. Read TSW FG 86 notes up to A.
8. MOI 69; TSW 87 **Life-Coaching Tool: Step 1--Know Where You Are Now-Self Perception Assessment**
 - Read the instructions.
 - Help the participants understand that they are not striving for 100% in every area. This is about assessing the level of time and energy currently devoted to each area.
 - It might be helpful to refer to the definitions of the 7 areas of life (MOI page 67; TSW page 85).
 - Ask: “Why do you think the Self-Perception Assessment Tool is included?” (answer if needed: "So that they can see the gap between what they perceive and what the reality is. They may not realize that they have this perception of themselves".)



- 9. Turn to MOI 70-72; TSW 88-90 Life-Coaching Tool--Where you are right now/Reality Questionnaire**
 - Explain that this questionnaire will help them to know where their life actually is in relation to every area of life.
 - Go over the instructions and give them time to work through this Life-Coaching Tool (20 minutes). To fill in this tool, emphasize going with their first response as explained in the instruction and don't over analyze or think too much about it.
 - If this is a Life-Coaching Tool that you have asked them to complete before coming to this session, move on to the next step which is the Score Sheet.

- 10. Turn now to MOI 73; TSW 91 Life-Coaching Tool: Where You Are Now/Score Sheet**
 - Go over the instructions.
 - They can work as needed with their peer coach or spouse to determine their scores.
 - After completion of the scores, have the participants use a **red** pen to put their scores from the Reality Questionnaire Score Sheet onto the Self-Perception Assessment chart MOI 69; TSW 87.

- 11. Turn now to Life-Coaching Tool: Map of Life**
 - Use a **red** pen to put your reality Scores on the Map of Life.
 - Use a ruler to draw lines to connect the dots.
 - Identify which areas are high and which are low. Low areas may need growth and sometimes high areas may need some pulling back to have capacity for other areas to grow.
 - Ask- What are the areas I need to pay attention to from my reality questionnaire score? What area(s) do I need to align in order to live out my personal mission?

- 12. Identify Where God Desires You to Be: Step 2**
 - Have a male participant read paragraphs 1-3 on MOI 76; women follow paragraphs 1-3 TSW 94.
 - Show your own Map of Life from your Facilitator Guide or a sample from the book as an illustration.
 - Give examples: I don't have sufficient exercise and rest (Body); I am not spending sufficient time and resources to live out my personal mission (Budget); or I am doing a lot of things but I am not focused on my personal mission (Business) or I am working so much I can see that other areas have suffered, or I am so focused on meeting the needs of our children my relationship with my husband needs more attention (Beloved) etc.

- 13. Life-Coaching Tool: Step 2 Identify where God Desires you to be-God's Perspective—Areas of Life**
 - Review what you did with Step 1.
 - Explain step 2, that as they determine God's perspective for each area of their lives in light of their Personal Mission, using a **blue** pen, plot it in their Map of Life. They will see the gaps between what their lives are like now and how God desires their lives to be. Using a ruler, connect the lines to create a whole life view of how God desires you to live your life as compared to how you are currently living your life in light of your personal mission.



14. Step 2: Life-Coaching Tool—Map of Life Evaluation

- Read the instructions and give time for the participants to reflect, pray and hear from God as they answer the questions. (MOI 78; TSW 96)
- Say, "It is important to prayerfully ask God to show you what it looks like to live in alignment with your Personal Mission in every area of life".
- Have the Spouses or Peer Coaches discuss their answers to the questions and what they have uncovered between their reality and God's perspective.

15. Turn to MOI 79; TSW 97 Read **Question—How Do You Refocus Your Life? and paragraphs.**

- Facilitate the Integration Activity: Plastic Baseball Activity/Peacock Feathers Activity. MOI FG 42; TSW 97A
- Debrief the activity with a group discussion (5 minutes)

16. Step 3: Life-Coaching Tool—Set Mission Goals MOI 80; TSW 98

- Review Step 1 and Step 2
- Read the instructions and examples at the top of the chart. Have the participants work through the tool (6 minutes).
- Remind them that what they write down are the goals to achieve in order to live out their personal mission rather than the action steps they want to work on.
- Discuss as a group some of the goals that were set and the corresponding area or areas of life. (4 minutes)

17. Summarize the PDOs

- Complete any unfinished Life-Coaching Tool(s).
- Re-work or revise their draft of Personal Mission Statement if needed.

Couple's PDO: Questions to answer and interact with one another:

- What are some priorities we need to give attention to in this season of our lives?
- In what ways can we integrate our personal missions into the areas of our life?

18. Close in Prayer.



THE SIGNIFICANT COUPLE FACILITATOR

GUIDE: SESSION 7

Live Intentionally (MOI and TSW)

Getting Ready: (MOI FG-43; TSW FG-102A)

This is the first **Action** Principle that keeps you progressing in living a life of significance and impact

Session Focus:

1. Define priorities.
2. Put those priorities into a schedule.
3. Be proactive rather than reactive.
4. Bust barriers in order to live out Personal Mission.
5. Set boundaries to live life with less guilt.

Logistics to Set for Facilitating This Session:

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and or TSW, put a sticky note with the Facilitating Step number from the section - 'Life Coaching Group Begins', at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *Live Intentionally* and TSW session *Live Intentionally* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. Some facilitators, after consulting with their group, divide this principle: Live Intentionally into two sessions. When you begin the second part, review part one. Review part one from where you left off before you go into part two of the session.
6. For time allotment to cover each page, see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation:

- Your Bible
- Post-it/sticky notes, pens and pencils
- Personal example of your recent experience being proactive rather than reactive
- Personal example of how you identified and busted a barrier

Integration Activity Materials:

- Something fun as a prize for the Areas of Life Drill
- Blank paper for the Areas of Life Activity
- Blindfold, large books and small items (Bust your Barriers Activity) MOI 92; TSW 112A
- Download the video of Bust your Barriers if needed for the virtual group



Life Coaching Group Begins:

1. Welcome the participants and pray or ask someone to pray.
2. Review the last principle--**Refocus Your Life**. Begin by saying, "Last time we talked about how you can refocus your life to live your Personal Mission in every area of life and how you can set corresponding mission goals. Did you have any opportunities to apply that?"
3. **Integration Activity:** Have them divide into Peer coach teams for a fun drill.
 - Give each team a blank sheet of paper and ask them to write down the areas of life and the definitions. First team to finish it gets a prize.
 - If the group is virtual, have each person do it, the facilitator may choose to send them a prize.
4. Mention any update on the Celebration time based on the decision the group made about whether to have it at the end of the last principle or at a separate time.
5. Have everyone turn to MOI 84; TSW 103. Read the questions and answers at the top of the page. Ask a participant to read the rest of the page.
6. Turn to MOI 85; TSW 104. Read question #1 and the answer. Read the first paragraph and scripture verse.
 - Have a male participant read the rest of the page in MOI.
 - Have a female participant read the last section--"My story".
7. **Life-Coaching Tool: Know your Priorities**-- turn to MOI 86; TSW 105.

This tool will help the participants choose priority actions to help them achieve their goals.

 - Read the instructions. Relate the 2 examples in the first chart.
 - Encourage peer coach teams to fill in their goals at the bottom of a chart. Alternatively, ask the husband and wife to discuss action ideas to achieve their mission goals they would like to work on.
8. **Schedule Your Priorities:** turn to MOI 87; TSW 106.
 - Emphasize Stephen Covey's quote at the top of the page.
 - Highlight the rest of the page that is designed to motivate them to put their priority actions into their schedule so as to make progress in achieving their Personal Mission.
9. **Life-Coaching Tool: Schedule Your Priorities**--turn to **MOI 88; TSW 107**.
 - Have the participants write their new and ongoing priority actions in this schedule or a schedule of their choice (smart phone, notebook planner, etc.).
10. **Evaluate Your Schedule: Turn to MOI 89; TSW 108.**
 - Read this page including the scripture verse.
 - Have a male participant read the quote at the bottom of MOI 89.
 - Ask a female participant to read the "My Story" section at the bottom of TSW 108.



11. Turn to MOI 90; TSW 109. Read question #2 and the answer.

- Explain the page up to the scripture verse.
- Have a woman read the “My Story” section at the bottom of TSW 109.
- Use the input on proactive vs reactive on MOI FG-45; TSW FG 209A.

12. Life-Coaching Tool: Choose to be Proactive-- MOI 91; TSW 110

- Have the group look at the chart as you read a story about Reactive/Proactive Choices. You use MOI FG-46; TSW FG 110A.
- Go over the instructions for this tool.
- Have the participants work on this tool.
- Open the time for group sharing after they are finished (5 minutes). You may also share a recent personal experience about your Reactive/Proactive choices.

13. Read Question #3 and the answer

- Turn to MOI 92; TSW 111, read this page and emphasize the 2 kinds of barriers.
- Use TSW 111A. Facilitate the Integration Activity-Bust your Barriers. (MOI does not have this Activity.)
- Have peer coach pairs do this activity.
- Show the video on **Bust your Barriers** if you have a virtual group.
- Debrief the activity.

14. Life-Coaching Tool--Real and Phantom Barriers MOI 93; TSW 112

- Read the instructions and go over content on the top of the page.
- Have the participants work through the tool.

15. Life-Coaching Tool--Bust Your Barriers MOI 94; TSW 113

- Explain the parts of the Bust your Barriers process in the diagram MOI 94; TSW 113.
- Relate the example from MOI 93; TSW 112, to this process and then read the story MOI 95; TSW 114.
- Have the participants work through the **Bust Your Barriers Life-Coaching Tool**.
- Have the Peer coaches share with one another (4 minutes), or have the husband and wife share with one another. Have people share their fears, apprehensions, concerns, challenges, etc., about living out their personal mission.
- Here is some additional input and biblical examples that are not in the books:
 - 1) From the Old Testament book of Esther: Esther **identified** a real barrier. She had not been summoned to go to the king. If she went, she could be put to death. She was **authentic** with God. She prayed and fasted. She searched the scriptures. She **acknowledged** that only God could save her from the penalty of death. She **took action**, she went to the king, the king recognized her and called her in.
 - 2) From the Old Testament Book of Daniel, look at MOI 94. This can show the steps Daniel took as he chose not to defile himself with King Nebuchadnezzar’s choice of food and the wine (Daniel 1:1-21).
- Share a personal example of how you identified a barrier and how the process helped you.



16. Read Question #4 and the answer.

- Have different participants read the different portions of this page.
- Ask the group: "Which of the bullet points under number three do you identify with and why? (8 minutes to discuss)

17. Set Your Boundaries Chart Use MOI 97; TSW 116

- Have a male participant read the quote at the top of the MOI page and the paragraph below it.
- Explain the chart from MOI and read the verse.

18. Life-Coaching Tool: Set Your Boundaries-- MOI 98; TSW 117

- Read the instructions.
- Relate the examples on the first row of the chart.
- Have the participants go over the tool.
- Have the Peer-Coaches interact and pray together (4 minutes).
- If time allows, ask: "Which of these three Life-Coaching Tools would be most effective and helpful to you in your current situation?" Give them time together with their Peer Coach to discuss and work on the tool.

19. PDOs

- See FG notes on MOI 99; TSW 118. Use the FG instructions from TSW.
- Cover the PDOs in doing priority actions and boundaries.
- Close in prayer.
- If the group is virtual, have the participants fill out the Reflection/Evaluation Form. MOI 113; TSW 133 Be ready to share at the end of your last session if you are having the Celebration time. If the Celebration time is another scheduled session, have the participants be prepared to share what they learned going through the course.

Couples PDO: Questions to interact on:

- What are some things we can do together (priority actions) to live out our individual or collective family mission?
- In light of our present seasons, what are some barriers which hinder us from living out our personal mission?
- What boundaries do we need to be in place to live out our individual or collective family mission?
- What are some ways you can help me live out our personal mission? What are questions you can ask about how I am doing in my priority actions and boundaries?

20. Close in Prayer.



THE SIGNIFICANT COUPLE FACILITATOR GUIDE: SESSION 8

Impact for Life (MOI) and Sustain for Life (TSW)

Getting Ready: MOI FG-48; TSW FG-120A)

Impact for Life/Sustain for Life Principles are the last Action Principles that help men and women to sustain their journey of living a life of purpose, significance and impact for Christ.

Session Focus:

1. Adjust to dynamic changes in life and frame their decisions using the Biblical principles of MOI/TSW.
2. Invite others to join the journey.
3. Be thankful in everything.

Logistics to Set for Facilitating This Session:

1. Pray and decide who is facilitating each Facilitator Step below.
2. Marking the pages you will facilitate.
 - In order to easily find the pages you are facilitating from MOI and/or TSW, put a sticky note with the Facilitating Step number from the section - Life Coaching Group Begins, at the bottom of this page.
 - Put the sticky notes you numbered on the stated page in the MOI Participant book and/or Facilitator Guide or in the TSW Facilitator Guide (the TSW FG has the participant page and the facilitator notes on the same page).
3. Read the MOI session *Impact for Life* and the TSW session *Sustain for Life* so you have an idea of what both the men and women are looking at.
4. Where there is an option of using MOI or TSW pages, if the man is leading, use MOI and if the woman is facilitating, use TSW. From your preparation of reading both MOI and TSW sessions, you will have an idea of how to include any material from the other course as needed.
5. For time allotment to cover each page, see the Facilitator notes in the book you are using for that Facilitator Step.

Facilitator Materials and Preparation:

- Your Bible
- Sticky notes/Post-it notes, pens and pencils
- Prepare your personal story of how God has enabled and empowered you to move forward on your journey of living a life of purpose and significance for life. MOI FG-51; TSW 110
- Finalize plans for the Celebration

Integration Activity Materials:

Black markers and black pens



Life Coaching Group Begins: Facilitating Steps:

1. Pray or ask someone to pray.

2. Review last Principle. Follow up on the PDO1 from Live Intentionally MOI 99; TSW 118. Have them share with the group their experience with scheduling priority actions.

- Ask: "Why is it important for men and women to have intentional priority actions to live out their personal mission?"

Answer: "So that they can continue to make progress on their journey of living a life of purpose, significance and impact."

3. All turn to MOI 102; TSW 121. You use TSW. Read the key questions and answers. (The wording of the questions in each resource is slightly different.)

- Invite the couples to share how they plan to live out their personal and/family mission and support each other in the process.

4. Turn to MOI 103; TSW 122. Read question #1 and answer.

Explain the rest of the page and the verses and the quote.

- Ask: "In view of life's dynamic changes, what must we do in order to live out our personal mission?" Answer: We need to keep adjusting.
- Ask: "What can we use in order to frame our decision?"

Answer: TSW Principles and MOI Principles can be used to frame our decisions.

5. Turn to MOI 104; TSW 123. Read B.--Frame your Decision with Life Principles.

- Have a participant read the first paragraph and the verse.
- Use paragraph 2 to explain the **Frame your Decision** concept and how to implement it (MOI 104; TSW 124).
- Give time for each couple to process opportunities or decisions using the Frame Your Decision with MOI/TSW Life Principles. Have the group interact about the results and the decision they feel will best align with their Personal Mission.

6. Read question #2 and the answer. MOI 106-109; TSW 125-129

7. Life-Coaching Tool—Encouraging Others and Being Encouraged:

- Refer to the Life-Coaching Tool in MOI 109; TSW 129 as you explain this section. You will pause at various times to allow the participants a chance to see the picture of the road and list the names of people they want to encourage, those who can encourage them and the names of those who are on the side of the road.
- Invite each couple to pray and to do this together and come up with their lists.
- In this Life-Coaching Tool, give a personal example of how God brought others into your life to encourage and be encouraged as well as names of people on the side of the road.



8. Questions to interact on:

- Ask: "Who can we encourage? When can you gather friends, neighbors, family, church members and do a Significance Project life coaching group with them?"
- Even if facilitating a group is not your main focus, if each of us facilitates a group and those members facilitate a group, then multiplication will take place and so many more will be equipped to live strongly connected to God and to know and live out His mission for their lives. If you know other 4 couples who might be interested in going through a course like these, invite them to join you in your group.
- Ask "How are others involved in this journey in light of Matthew 28:19-20?"
- Ask if someone wants to share about some of the people they listed?
- Help them realize that this tool is a visual reminder to them. This is also a reminder that it gives them a chance to join in God's mission of building disciples of seeking and saving the lost.

9. Read question # 3 and answer. MOI 110-103; TSW 130-132

- Cover the content of these pages and highlight the diagram. Choose a verse under each category in the boxes and different participants to read them.
- Read the verse and go over instructions on filling out the Life-Coaching Tool.
- After 6 minutes, invite peer coach pairs to share obstacles or challenges and people in their life that are difficult to thank God for.

10. Conclusion:

- Read the story of Dr. Bright, ending with 2 Timothy 4:7 MOI 112; TSW 131.
- Relate your own story of how God has sustained and strengthened you and your spouse in living the journey of significance and impact.
- Review the Man of Impact Life Principles and the Significant Woman Life Principles by using the chart in each book.
- Follow guidelines for implementing the Reflection Time/Evaluation Time. You might suggest that they refer to their Journal Notes, Unique Design Summary and their personal mission statement as they answer the questions.
- If you are holding a separate Celebration time, relay any details about the Celebration and then close the session for Impact for Life and Sustain for Life.
- Refer to Suggested Elements for Celebration in MOI FG-52; TSW 133A-133B.
- Encourage participants to take next steps and meet up. Seize or create opportunities to share with couples on your list who might be interested in passing this on to others.
- Continue to meet up with your peer coach once a month and arrange for a meet-up session three months after completion of the course to hear how participants are living out their mission.
- **Couple's Questions for later discussion:**
 - What are some opportunities for a decision I am considering?
 - Who are the people we can encourage and be encouraged by as a couple?
 - Are there obstacles or challenges that are difficult for me to thank God for?



MAN of Impact™

*Living With Purpose
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The Significant Couple™ Facilitator Guide™

MAN of IMPACT™ and THE SIGNIFICANT WOMAN™
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The Significant Woman™



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ISBN 9781573341691



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